

## Irish Horse Society March 2004

No. 31



### Inside:

- Pg 2 AGM Details
- Pg 2 Irish HOY results
- Pg 3/4 Show Results
- Pg 5/6 Bowen Therapy
- Pg 7 Wanted/For sale
- Pg 8 Chch Hunt Day

Hi everyone,

Well it feels as though winter is well and truly with us – seems we hardly had any summer this year. In Canterbury we have already had skiffs of snow on the hills and frosts in late February / early March. It has certainly been a year of extremes, our thoughts go out to those in the lower North Island affected by the flooding. I imagine it is beyond belief for those of us who have not seen the devastation first hand.

The show season is almost behind us, this issue contains reports on the North Island Irish Horse Championship held at the NI All Breeds Show in early January and the South Island Championship held at the Canterbury Horse & Pony Breeders Show in early February. Congratulations to Lindsay Cook and Lesley Spence on their wins.

The Society's AGM will be held on 2 June 2004 at the Yaldhurst Hall on the outskirts of Christchurch, details are on page 2. If you are in Christchurch at this time we would love to see you there. Also remember if you can't be present but have any issues you would like discussed please send me an email or letter.

Regards  
Debbie

### Council Meeting news

- Society has received a Community Trust Grant to have more Irish Horse Society medals cast.
- Correspondence from Bridge House Stud, Ireland regarding possibility of frozen semen being available from "Classic Vision RID" (by Ginger Dick RID) [www.bridgehousestudireland.com](http://www.bridgehousestudireland.com)
- Canterbury All Breeds Foal Show is this year holding an Irish Section held on May 15.  
SAE to Mrs C Jenkins, Leeston Road, RD4 Christchurch for schedule
- Preliminary plans underway for a free jumping / mini show to be held in Christchurch's new indoor Riding for the Disabled building in the spring.

### A.G.M.

The Society's 15<sup>th</sup> AGM will be held on 2 June at 7.30pm, this is a chance for members to have their say – even if you can't be present, your views and ideas are welcome via phone / fax / mail or email.

**The Council** due to retire 2007 Lisa Clark & Adrienne Saunders  
2006 Sheryl Gough & Lyn Turner  
2005 Jan Hales Wells & Bruce Goldstone  
2004 Anna Danielsen & John Norris

Anna Danielsen is due to retire after a three year term on Council and John Norris also retires this year after filling a one year vacancy. Both councillors are eligible for re-election.

**Co-opted members** : Barbara Dobson, Dee Ferris & Sarah Stone.

**Officers of Society:** President – Colin Price, Sec/Treasurer: Debbie Hewitt, Registrar: Lesley Spence, Vice President: Bevan Souness.

The AGM is required to elect two members to council (for 4 year terms) plus a President, Vice President, Secretary/Treasurer and Registrar.

### **What to do if you want to elect someone to the Council....**

**Requirements for election to council:** A nomination must be delivered in writing to the Secretary before 1st May signed by a member of the Society qualified to attend and vote at the meeting, nominating such person for election, and counter signed by that person. (Note: neither the nominee or nominator is required to attend the AGM but must be eligible ie a financial member of the Society). We would be delighted to have some more North Island input!

### Horse of the Year

Many Irish horses performed well at the HOYS. The following are those names I recognised but I'm sure there were many more. Congratulations to all those who "flew the Irish flag" during the show.

**Dressage:** Karen Anderson's Komplete Kaos (x Kingsway Diamond) 2<sup>nd</sup> & 3<sup>rd</sup> in Medium classes, Sarah Elliott's Antaeus (x Kingcroft Wicklow) 4<sup>th</sup> Medium classes

**Working Hunter & Side Saddle:** Wendy Donaldson's Joe Bolido (Kingcroft Wicklow) 3<sup>rd</sup> Mediumweight working Hunter, 3<sup>rd</sup> Concours D'Elegance, 1<sup>st</sup> P & M side saddle, 2<sup>nd</sup> Unity HOY Class, Amy Hendy's Wynyard Stirling (Laughtons Legend) 2<sup>nd</sup> Ladies Saddle Hunter, 5<sup>th</sup> P & M Saddle Hunter

**Show Jumping:** Alysha Hutton's Goodness Gracious (Laughtons Legend) 2<sup>nd</sup> Lady Rider of the Year, 3<sup>rd</sup> Young Rider 1.40m, Louise Marriott's Derrynane (out of Tipperary Sun Dial (x KD) 3<sup>rd</sup> 1.10m Open Show Hunter, 3<sup>rd</sup> Show Hunter of the Year 1.15m, Emily Marriott's Sharn (Laughtons Legend) 3<sup>rd</sup> Rookie Young Rider Final 1.20m, 5<sup>th</sup> = Horse 1.20m, Tracy Kovacs' Croftlea Merrydance (Kingcroft Wicklow) 5<sup>th</sup> Welcome Stakes 1.20m, Rachel Scott's Special Blend (out of Eiran Go Bragh bred by Ann Smith, Cave) 2<sup>nd</sup> Horse 1.10m A2, 4<sup>th</sup> 1.10m AM3), Victoria Fraider's Imperial Diamond (out of Kinvara (by Kingsway Diamond) bred by Job Bruins) placed in 1.15m.

## **IRISH HORSE SOCIETY CHAMPIONSHIPS 2004**

### **North Island All Breeds Show**

This show was held early in January and was the venue for the North Island Irish Horse Championship. The championship was won by Croftlea Callaghan owned by Lindsay Cook. Callaghan is a 6 year old gelding by Kingcroft Wicklow from Blue Speed (TB). He was a late entry for two classes and competed in the Irish Section only. He won the Best Presented Irish Hunter, the Stallion or Gelding 4 years and over, the Champion Irish Hunter, the Grand Champion Irish Hunter, the Shamrock Sash and Medal, and \$50 prize-money.

Lindsay bought him in August 2003 from Kathryn Cawte of Rangiora, who started him as a youngster and this was his second outing with her. The first show they went to was a ribbon day where he was placed in every class he entered, and he won all the jumping events he entered!! Lindsay is really looking forward to doing more with him as a Saddle Hunter and also to do some Show Hunter as well. He is an all rounder really with a fantastic fun personality, an absolute dream to handle in all respects.

### **Canterbury Horse & Pony Breeders Show**

This show was held on 14<sup>th</sup> February and included the South Island Irish Horse Championship. The Irish section was the largest seen for many years, with representation from Coalmans Touch, Kingsway Diamond, Laughton's Legend, Kingcroft Wicklow, Wynyard Agile and Willie John offspring. The judge was Mr Selwyn Boon of Leeston near Christchurch who was most impressed with the quality line up of Irish foals any of which he felt would be a worthy winner. The Supreme Irish Draught award went to Lesley Spence's lovely black three year old filly Thornlea by Coalmans Touch and out of a Sir Godfrey mare. This filly also won the South Island Championship from the Champion Adult – Kingsdown Whitney (by Wynyard Agile), the Champion Gelding – Croftlea Cracker Jack (by Kingcroft Wicklow) and the Best Foal – Lassair (by Coalmans Touch). The Irish Section was well represented when it came to Supreme of All Breeds awards with Lassair being awarded Best All Breeds Foal and Croftlea Cracker Jack being placed 4<sup>th</sup> in the All Breeds Gelding against 13 other geldings.

**Other results:** Gelding, 4 years and over: Bryan Family's Croftlea Cracker Jack 1 (and Champion Irish Gelding), P & G Trustrum's Kingsdown Maguire 2. Dry mare, 4 years and over: P & G Trustrum's Kingsdown Whitney 1 (and Champion Adult), S J & L M Clark's Irish Mist 2 (and Reserve Champion Adult). Licensed Broodmare with foal at foot: L & J Barclay's Laughton's Magic 1. Irish draught foal: Clare Gray's Lassair 1 (and Best All Breeds Foal), Lisa & John Barclay's Classical Magic 2, S J & L M Clark's Coleraine Monarch 3. Yearling colt or filly, medium / heavyweight: Kathryn Greenslade's Silver Reign 1. Yearling gelding: N & L Turner's Eyreleigh Shenanigan 1, Lesley Spence's Thornfield Chatsworth 2 (and Best Turned out Handler & Horse), A F Saunders' Ashley Megabyte 3. Two year old filly, medium / heavyweight: Scott Dobson's Croftlea Touch of Class 1 (and

Reserve Champion Youngstock), Kathryn Hill's Eyreleigh Tir-Na-Og 2, S J & L M Clark/K M Simpson's Coleraine Coalstorm 3. . Two year old gelding: Sue Lamond's Denniston 1 (and Reserve Champion Gelding), Clare Gray's Cuchulainn 2, A W & D P Scott's Ashfield Sobig 3. Three year old filly, medium / heavyweight: Lesley Spence's Thornlea 1 (and Champion Youngstock). Best paced adult (4 years and over): Croftlea Cracker Jack 1, Kingsdown Whitney 2, Irish Mist 3. Best paced youngstock (3 years and under): Thornlea 1, Ashfield Sobig 2, Cuchulainn 3. Progeny group - group of two horses, any age by the same stallion or two out of same mare: Lesley Spence's Coalman's Touch group 1, Claire Gray's Coalman's Touch group 2, Pam & Gary Trustrum's Wynyard Agile group 3.

## **Equine Muscle Release Therapy - Bowen for horses**

The term "Bowen Therapy" is being heard more frequently in the equestrian world and has been accredited to improving the health and performance of many horses. It is a exciting new field of *healing the horse in a therapeutic manner* that is gaining acceptance and recognition world wide. Even though it is still in its infancy it is gaining quite a name as being a very useful therapy across all equine disciplines.

Bowen Therapy is a technique developed by an Australian man, the late Thomas Bowen, whom after returning from WW2 became interested in alleviating human suffering and noticed how certain moves on a human body had particular effects. By the time of his death, Tom was treating thousands of people with amazing results.

The Bowen technique continues today and is spread around the world helping to heal many people and more recently to help horses. When used on horses, the official Bowen Technique is known as "**EMRT**" - Equine Muscle Release Therapy. **EMRT** was developed and formalised by a horse enthusiast and teacher of Bowen, Alison Goward.

Alison's wonderment at the effectiveness of Bowen made her decide to figure out how to best use it on horses. This was the beginning of 10 years of research and together with Dr. Terry McEvoy BVSc (Hons) they culminated the development of a therapy specifically suited to the horse. Alison Goward now runs the Equus College of Learning and Research, which is affiliated with the Bowen Association of Australia, to teach and continue to extend the modality on horses.

### **How does it work ?**

EMRT is a very gentle, hands on, non-invasive therapy that activates the body's own healing processes. Horses like people are subject to stresses and strains from performing athletic tasks or even through playing about in the paddock. These, if not attended to can lead to a breakdown in the body somewhere. It may be physical eg. spasms, swelling, tightness causing inhibited movement; it can also lead to emotional problems eg. change in behaviour/attitude to work.

The treatment itself uses a sequence of small but precise moves at major muscle and skeletal junction points. These moves activate nerve cells which stimulate the body to re-balance, re-set and heal itself. .

#### **What type of problems does it aid?**

With the therapy directly involving the nervous system, it has the potential to reach and heal all parts of the body. Mostly, EMRT is called upon for helping;

- The recovery of unexplained lameness ( not caused by sore feet )
- Soreness and stiffness after exercise
- Long term muscle problems, skeletal misalignments, uneven gait
- Colic
- Illness and injury recovery - through improved circulation of anti-bodies, nutrients and minerals to "sick" areas and the removal of waste products from these areas eg. colds/fluës, bladder/kidney infections, wound healing
- With foals, it can assist in correcting twisted limbs and over coming any birth trauma, and for mares to ease birthing.
- Removal of lactic acid build up associated with "tying up"
- Growth and degenerative disorders by enhancing mineral and calcium distribution
- Mental/emotional problems caused by tenseness, pain and/or an over acidic system
- Many horses receive a treatment purely on a preventative / maintenance level

#### **Does it have immediate results or is it a gradual process and how often does a horse need treatment?**

This depends on the problem. If an EMRT practitioner is consulted soon after a trauma is experienced, the response can be immediate. Chronic conditions can take longer. Even if EMRT does not directly effect a condition, it will assist the horse to be more comfortable and balanced. Generally, most conditions will respond after 3 treatments a week apart. There after it is up to the horse and the owner. A treatment a week before a major event and immediately afterwards is beneficial to "tune up" and "debrief" the horses body. EMRT can also be used like a "band aid". This means that during an event a horse can be band aided to keep it going. Rapid relief from band aiding can take a horse that looks like it will be withdrawn, to going out and winning.

#### **Is there a governing body that therapists should be registered with ?**

EMRT practitioners are accredited by The Bowen Association of Australia. They are governed by a strict code of ethics, have a world wide recognised qualification and are recognised by the Australian & British Holistic Veterinary Associations. EMRT practitioners do not diagnose and **the therapy is not a replacement for veterinary advise**. It is used very well in conjunction with veterinary help and there are many vets now in Australia and the U.K supporting the technique and even learning it themselves. NZ practitioners have an EMRT vet. based in northland for advise, support and training.

There are 5 qualified EMRT practitioners in the North Island and now, Toni Bryant of Hokitika has recently qualified to be the only EMRT practitioner in the South Island.

#### **Suitable Signage**

- In a London department store: **Bargain Basement Upstairs**
- Notice in a health food shop: **Closed due to illness**
- Notice in a farmers field: **The farmer allows walkers to cross the field for free, but the bull charges**
- Spotted in a toilet of a London office: **Toilet out of order. Please use floor below**

#### **Christchurch Hunt Club – Irish Day**

The Christchurch Hunt Club is again holding a hunt with an Irish flavour. Participants at previous Irish Hunt days have always enjoyed a great day hunting and a friendly atmosphere. This year the hunt will be held at Mt Torlesse on 24<sup>th</sup> April, with an 11am start. If you need further details contact the Hunt Secretary, Lucy Williams ph 03 347 9065

#### **New Members**

Welcome to the following new members:

M Woodward, Nelson  
VM Abernathy, Christchurch  
P & C Thompson, Te Awamutu  
HE Denyer, Auckland  
JM Adamson, Canterbury

J & A Collumbell, Paeroa  
SA McSkimming, Otago  
HM McLeod, Hamilton  
CN Te Amo, Christchurch

#### **Contact Details**

##### **Chairman**

Colin Price  
Bush Road  
Oxford  
North Canterbury  
Ph 03 312 4609  
Fax 03 312 4998  
Email : [croftlea@xtra.co.nz](mailto:croftlea@xtra.co.nz)

##### **Registrar**

Lesley Spence  
Weedons Ross Road  
RD6 West Melton  
Christchurch  
Ph 03 347 8131  
Fax 03 347 8136  
Email: [info@thornfieldhorses.com](mailto:info@thornfieldhorses.com)

##### **Secretary /Treasurer / Newsletter**

Debbie Hewitt  
465 Bush Road  
Oxford  
North Canterbury  
Ph 03 312 4243  
Fax 03 312 4243  
Email : [debbie.hewitt@xtra.co.nz](mailto:debbie.hewitt@xtra.co.nz)

##### **South Island Promotions**

Adrienne Saunders  
52 Upper Sefton Road  
RD2 Rangiora  
North Canterbury  
Ph 03 313 5777  
Fax 03 313 4621